



NSIPM & Sano Wellness Center

Brain/Immune System – What’s Wrong with Me?

Information taken from “Beating Lyme Disease: Living the Good Life in Spite of Lyme” by David A. Jernigan, B.S., D.C.

It is believed that bacteria, mycoplasma, viruses and other microbes can do and do communicate with each other through their unique molecular crystalline matrix, and are transmitting and receiving vibrational resonance, laser-like coherent signals from each other. This communication is made possible by sending signals through the human body’s own cellular matrix.

However, no bacteria can overpower or alter a healthy body. They cannot get a foothold and replicate in large enough numbers to “have a voice” and alter the internal environment of the healthy human body. A healthy human body sets up energetic interference fields within the body to control the growth mechanisms of disease-causing microbes. It is only when the body’s own crystalline matrix becomes impaired that infection can set in.

Understanding this can help doctors recognize infections such as Strep throat as a weakness or breakdown of the throat’s electro-energetic crystalline matrix. This may be due to emotional distress, physical stress, or other causes, but it is definitely not due to the invasion of Strep bacteria, which are now known to be present in everyone’s throat. Something to think about: How does this knowledge change the way we treat people with immune challenges such as Strep throat?

“A chain is only as strong as its weakest link,” is an adage we’ve all heard and can be appropriately relate to every aspect of the human body as well. Any area of your life that is out of healthy rhythm and balance becomes a weak point. If the body’s healthy crystalline matrix is compromised by its inability to adapt rapidly enough to prolonged imbalance and irritation, it becomes vulnerable to the overgrowth of microbes. Weak links in a person’s life can often be identified by where the focus of infection is located in the body.

If your body is out of optimum coherence and integrity, then no medication will ever return you to the quality of life you seek. In the human body, all treatments and therapies should seek to change the environment inside the body back to one that is inhospitable for microbial overgrowth.

The factors that may lead to microbial illness through upsetting of the body’s healthy integrity are numerous and the list below is by no means complete.

- Fear, by any of its names
- Imbalance body pH
 - (too acidic/too alkaline)
- Prolonged or acute exposure to weather extremes
- Loss of predominantly negative polarity of the tissues of the body
- Lowered core body temperature
- Prolonged personal suppression from people in your environment
- Prolonged negative emotions
- Inherited predispositions and constitutional weaknesses

- Overuse of antibiotics, steroids and other prescription medicines
- Vaccinations/immunizations
- Prolonged biomechanical stress
- Infection activated through auto-suggestion-usually news media
- Dietary imbalances
- Tissue toxin overload
- Poor function of the organs of elimination
 - Colon, urinary tract, lungs, skin
- Geopathic stress
- Overwork
- Over / under sleeping
- Excessive prolonged stress
- Spiritual Distress
- Electromagnetic pollution
- Mental overexertion
- Depression / emotional imbalance
- Poor hygiene
- Trauma / abuse
- Lack of creative stimulation
- Loss of connection to the world around you
- Loss of direction and purpose
- Lost love and affection
- Hate / unforgiveness

Basically, any influence that leads to the inability of the body to adapt correctly to changes of its internal or external environment can adversely alter your receptivity to infection. Often several of the above factors are involved creating an illness; thereby needing a treatment strategy that includes therapies that will correct any and all factors leading to the body being receptive to infection.

Most people have taken an antibiotic at some point in their lives to help their body combat infection. It is important to know that the best antibiotic in the world only kills about 85% of the bacteria at the very most. It is also important to note that some bacteria mutate or change shape within the first 20 minutes of interacting with the antibiotic!

Experts quoted in the New England Journal of Medicine state that researchers have identified bacteria in patient samples that resist all currently available antibiotics. Additionally, whenever antibiotics are used, there is a selective pressure for resistance to occur. It builds upon itself. Thereby, more and more organisms develop resistance to more and more drugs.

And, so...

The body is set up on electrical circuits much like a house. Each electrical circuit has a label that identifies what is on each circuit. Similarly your body has a specific organ, set of muscles or joints and a specific gland sharing one circuit. This is important knowledge because if something on the circuit goes down it can knock out all functions on that circuit. Thankfully, God gave us "secondary wiring" that works as a backup but with only 40% of the energy. It has been suspected that most people blow out their circuits by age 20. A long life can be lived on secondary wiring, but the quality of life is less than half of what it should have been if all circuits of the body had been maintained correctly.

An example of this is the circuit connections with teeth. Teeth are on each circuit of the body and therefore can cause dysfunction throughout the entire circuit. One aspect of dental work includes the use of toxic heavy metals for dental repairs which can leech out of decaying root canals. That heavy metal will travel throughout the circuit and most likely land in the tissue of an organ on the same circuit path. One interesting study in Europe found that tumors have 80 times more mercury metal in them than the surrounding healthy tissue.

The muscles are the most obvious way to detect circuit problems as their movement is controlled electromagnetically. When a circuit is blown the muscle will immediately weaken and stay weakened until the cause is addressed. While muscle trigger spots can be treated with different modalities, they ultimately reflect the integrity of their entire circuit; and may not fully release until the rest of the circuit is repaired.

Any healing protocol must recognize the full scope of potential problems in the circuit unit and looking at the whole person to get to the root of the problem and heal from the inside out.

The epidemic of auto-immune breakdown in our country is astounding to say the least. The only way to overcome the super-bug threats we have allowed and/or contributed to creating, is to support the entire body on every level to experience healing, thereby eliminating any environment conducive to pathogens and immune challenges. There must be a multi-layer approach to each auto-immune scenario or illness for a person to overcome and thrive in our current environments.